Coaching psychology is a fast growing and relatively new approach to the enhancement of human performance in work, relationships and life in general. Coaching psychology is an applied positive psychology course and sits at the intersection of counselling, clinical and organisational psychology.

OVERVIEW
The Master of Science in Coaching Psychology is an articulated postgraduate program which teaches the applied science of human performance enhancement and coaching. This program provides you with a sound grounding in the theoretical and methodological aspects of coaching psychology and teaches fundamental applied coaching skills. The program aims to give you the knowledge to be a skilled coach, capable of coaching in an extensive variety of settings and with a wide range of client populations including executive, management and personal coaching practice. The Coaching Psychology Unit seeks to enhance the performance, productivity and quality of life of individuals, organisations and the broader community, through excellence in education, research and the practice of coaching psychology.

SYDNEY ADVANTAGE
There are currently very few universities worldwide that offer postgraduate qualifications in coaching psychology. The Coaching Psychology Unit is recognised as a world leader in the development of both coaching theory and its real world application. To ensure that students receive the best available training in coaching psychology, it is taught by practising coaching psychologists, and training and management consultants, all of whom have extensive experience in their specialised fields and many of whom have international reputations. The programs offered by the Coaching Psychology Unit offer leading edge training in the theory and practice of coaching.

PROGRAM EXPECTATIONS
You can expect to gain both a sound grounding in the main psychological theories and principles that inform coaching practice, and a foundation in the core skills of applied coaching. These theoretical and applied skills include:

- an ability to implement coaching in a variety of settings
- an understanding of the strengths, limitations and applications of coaching methodologies
- an ability to design and implement coaching programs in organisational settings
- an understanding of how systems, groups and teams operate, and the application of coaching within complex systems
- an understanding of the central features of personal and life coaching
- an overview of the main forms of psychopathology found in coaching and how to deal appropriately with clients displaying mental health issues.

MODE OF DELIVERY
The program is run in a face-to-face mode at the Camperdown campus typically between 4pm and 9pm. We do not offer distance education. Units of study are primarily semester long, although some units are offered in intensive block mode. Some block units are taught outside of the normal semester sessions, and you should check the timetabling which is posted on the Coaching Psychology Unit website.

Note that all classes are highly interactive, and international students should be aware that a high level of spoken English is a necessity (IELTS 7.5).

ACADEMIC QUERIES Associate Professor Anthony Grant, Course Coordinator, Brennan-MacCallum Building A18
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sydney.edu.au/science/psychology/info/coach
ADMISSION REQUIREMENTS
Entry into the program is competitive. You should have either a three year Psychology degree or a three year degree in a cognate discipline with a major in areas such as (but not limited to) arts, humanities, business, science or law. At least two years relevant employment experience is required.

Our students are typically mid-career professionals with some coaching experience and prior coach training of some sort. A section of our students are professional coaches seeking to extend their practice and gain a thorough grounding in the psychology of coaching. Another section of our students are managers from a wide range of professions and industry sectors who have used coaching skills in the workplace and have undertaken “manager as coach” training and leadership development programs. We also have a number of Human Resource and Organisational Development professionals in the program who typically have been involved in organising coaching or delivering coaching or coach training in the workplace. Places are limited and entry is competitive. We ask that all applicants provide a formal cover letter of between 500 and 1000 words with their application outlining their pervious coaching experience and their reasons for wanting to take this course.

UNITS OF STUDY
For an up to date list of units of study offered, please visit our website.

AFTER GRADUATION
While there is no generally recognised professional qualification for coaches, the program is consistent with the International Coach Federation (ICF) core competencies. Hence successful completion of the program may contribute toward accreditation in the ICF’s portfolio track. Similarly, if you have a four year degree in psychology, participation in the program can be used as part of the requirements for registration as a psychologist via the supervision track. However, the program does not in itself qualify you for registration as a psychologist.

After graduating, you could expect to gain employment in a range of jobs involving human resource development, private practice, organisational consultancy and professional services.

ANNUAL INTAKE
25 – 60. Please note that entry is competitive.

SPECIAL NOTE
Full time study of the Graduate Certificate in Coaching Psychology is not available and full time study of the other programs is not recommended if you are a domestic student.

This program does not qualify as an alternative fourth year for registration nor is it suitable if you wish to obtain an accredited honours equivalent degree in psychology for purposes of registration or membership of the Australian Psychological Society.

For further information please visit:
Psychology Board of Australia
www.psychologyboard.gov.au
Australian Psychological Society
www.psychology.org.au