

**School or Department:** School of Psychology

**Unit of study Title:** PSYC5014 Developments in Health Psychology

**Credit Points:** 6

**Semester:** 1

**Coordinator** Dr Barbara Mullan

**Total Contact Hours:** This unit of study will be a self directed unit with tutorials provided by a designated unit of study coordinator.

**Teaching and Learning Methods:** lectures, tutorials

**Aims and intended outcomes:**

- To investigate new developments in Health psychology
- To choose an appropriate subject of investigation in consultation with the unit of study coordinator.
- To develop the idea into a feasible topic for examination
- To specialize in a selected knowledge area pertinent to health psychology

**Objectives or competencies list:**

By the end of this unit of study the student should be able to:

- Develop a learning contract in conjunction with the unit of study coordinator
- Select a relevant issue to examine within Health Psychology.
- Demonstrate specialist knowledge in the particular topic area chosen
- Complete the assignment outlined in the learning contract

**Relationship between Unit of Study and statement of generic attributes of graduates as adopted by the Academic Board:**

**Information literacy**

Storage and retrieval skills

Gather, interpret and analyse information

Create record and retrieve information

Recognise opportunities

**Ethical, social and professional understanding**

Capability in their chosen professional areas

Contextualisation of research within ethical and cultural parameters

Demonstrate an awareness of the local and global context of their discipline or professional area

**Personal and intellectual autonomy**

Act independently using initiative and resourcefulness

Manage time and resources effectively

Identify critical issues in the discipline or professional area;

**Research and inquiry**

Able to gather information systematically from a wide range of sources

Conceptualise problems and formulate a range of solutions

Find, acquire, evaluate, manage and use relevant information in a range of media.

Identify, evaluate and implement personal learning strategies

**Communication**

Written and oral presentation skills

Present well-reasoned arguments, using technology as appropriate

Access, organise and present information

## Summary of Methods of Assessment

Major assignment – 5000 word essay 100%

**It is expected that the majority of reading for this module will be journal based. Guidance in the choice and evaluation of such articles will be provided in the 1<sup>st</sup> tutorial.**

**Core Texts** Morrison, Bennett, Butow, Mullan & White (2007) *Introduction to Health Psychology in Australia* Pearson Education Ltd Australia

### Reading List

Christensen, A. J., Martin, R. and Morrison Smyth, J. (Eds.) (2004) *Encyclopedia of health psychology*, Kluwer Academic/Plenum Publishers, New York.

Marks, D. F. (Ed.) (2005) *Health psychology: theory, research and practice*, SAGE, London.

Michie, S. and Abraham, C. (Eds.) (2004) *Health psychology in practice*, Blackwell Pub., Malden, Mass. ; Oxford.

Rozensky, R. H. (Ed.) (2004) *Psychology builds a healthy world : opportunities for research and practice*, American Psychological Association, Washington, DC.

Suls, J. and Wallston, K. A. (Eds.) (2003) *Social psychological foundations of health and illness*, Blackwell Pub., Malden, MA.

**Unit of study Coordinator:**

**Dr B A Mullan**

### Contact Details

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