The late Professor Pierre (Peter) Beaumont, world renowned psychiatrist, is inspiration for the Beaumont Centre.

The Beaumont Centre offers a unique approach in Australia through a continuum of care model tailored to meet the patients’ individual needs. It is led by a team of internationally recognised experts in the treatment of Eating Disorders, including Dr Geoff Buckett. The Centre also participates in research, the results of which are then incorporated back into programs provided, ensuring the Centre remains at the forefront of Eating Disorders treatment providers both within Australia and worldwide.

Professor Christopher Fairburn
Professor Christopher Fairburn is Welcome Principal Research Fellow and Professor of Psychiatry at the University of Oxford. His two main research interests are The nature and treatment of eating disorders and The development and evaluation of psychological treatments. He has an international reputation in both fields.

Professor Fairburn’s other achievements include:
- He is a Governor of the Welcome Trust, the world’s largest medical research foundation
- He is a Governor of Insight, the new mental health research foundation
- He has twice been a Fellow at Stanford’s Center for Advanced Study
- He is a Fellow of the UK Academy of Medical Sciences
- He is currently in the process of establishing a new research centre devoted to the development and evaluation of new ways of disseminating psychological treatments

Professor Fairburn will be speaking on “Thinking Differently – Transdiagnostic Cognitive Behavioural Therapy for Eating Disorders”.

The treatment of Anorexia Nervosa remains controversial and highly challenging. This talk outlines a treatment approach to eating disorders as group of conditions with core features based on common cognitive and behavioural illness characteristics.

Professor Stephen W Touyz,
Stephen W Touyz, PhD is professor of Clinical Psychology and Honorary Professor of Psychological Medicine at the University of Sydney and Director of the Beaumont Centre for Eating Disorders at the Hills Private Hospital. He has authored and edited five books and over 200 research articles.